

INCLUSIVE WORK SHOP

FACILITATORS

TOMMY HAYES

Tommy Hayes has been at the forefront of traditional Irish music for over forty years.

In a career that has exemplified diversity he has performed and recorded with most of the great names in traditional music and beyond.

Tommy has been a member of a number of ground-breaking

bands during his career. He was a member of Stockton's Wing from the bands inception in 1977 to 1983 recording four seminal albums. He has released two solo albums and a film currently playing with the band AnTara which combines Irish and Indian music.

Tommy is also very involved in teaching and has held workshops and master classes in many parts of the globe. He was the bodhran tutor for 8 years at Dublin Institute of Technology.

Tommy is very involved in environmental work and was the chairman of the Irish Seed Savers Association for 24 years an organisation dedicated to the preservation of native Irish fruit and vegetables.

Having returned to college in 2000 he received a Master's Degree from the University of Limerick in Music Therapy. He is currently studying for a Fellowship in Guided Imagery and Music through the University of Bristol. He lectures in the music therapy course at the University of Limerick, is a clinical supervisor on the course and maintains a busy private practise



GWEN MCHALE



Gwen Mc Hale is as a somatic therapist and movement educator with more than 15 years experience in the field. She holds private practice in Clare and Galway. Gwen works with individuals in one to one therapy and also facilitates couples and group therapy.

Gwen is particularly interested in trauma recovery, attachment/relationships, dissociative disorders and the search for a truer sense of self. In all her work she offers a calm and mindful presence, deep respect and empathy with her clients.

Gwen has a rich background. She holds an MA in Community Development, a H.Dip in Guidance Counselling, Diplomas in Origins Somatic Therapy & Education, Yoga and Dancing the Rainbow and a BA in Psychology & Philosophy.

Before Gwen found therapeutic work she had careers as a school guidance counsellor and a community development worker. Gwen also is a performance artist working with eco-somatic improvisation and site specific ritual performance. She has lectured in the University of Limerick on somatics, ritual and performance. Gwen keeps an online blog where she shares her writing about her work and is a regular contributor to journals and magazines.

Gwen is taking continued professional development with Joan Davis and Julia Gambos in Authentic Movement and with Diane Poole Heller in the area of attachment and trauma resolution. She is a member of ISMETA and is committed to ongoing supervision and training.

SUSAN HURLEY



Susan is a singer, music therapist and choral director from Dublin with extensive experience in music facilitation and community group work. She has sung all over the country and at all the major music festivals with her bands Attention Béb  and Shiftwork and previously with the Gardiner Street Gospel Choir. She loves singing with people of all ages, helping them find their confidence, find their voice and sing out!

JOSIE NUGENT



Josie Nugent is a native of Co. Clare and multiple All-Ireland fiddle champion. She grew up surrounded by a variety of notable traditional musicians including Martin Hayes and Tony Linnane. Josie has performed and broadcast extensively; her CD releases include 'Hills and Hollows', 'The Caves of Cong' and 'Modal Citizen'. A Cambridge qualified music therapist, Josie currently works with children, teenagers and young adults in the areas of Down syndrome, autism and learning difficulties. She has a keen interest in making Irish traditional music accessible to all and has collaborated with Cult rlann U  Chan in, Derry in the 'All-Access Trad'

project. Josie is the principal CCE Scoil Eigse tutor for the Foundation class since its inception in 2016. Through these projects, Josie has developed innovative ways to help young people with learning difficulties take part in Irish music and inspire them to learn tunes on tin-whistle, keyboard and tuned percussion.

